



## Action for Reproductive Health

Founded in 2010, **Action for Reproductive Health (ARH)** is a new Uganda-based non-profit organisation dedicated to the improvement of reproductive and maternal health in rural Uganda. Taking an innovative approach, ARH seeks to actively involve men in addressing these important issues.

ARH will work to strengthen and sustain the ability of Uganda's public and private health providers and health workers, as well as the local communities themselves, to meet the reproductive, maternal and child health needs of the country.

By encouraging the participation of men in tackling issues of reproductive and maternal health, ARH aims to deliver significant changes in both the status of women's health and in public perceptions about reproductive health as a 'female issue'.

## Who we are

As a Kampala-based non-profit organisation, Action for Reproductive Health was founded by a dedicated group of Africans living in Uganda and the United States. The founders of the organisation are Olive Sentumbwe Mugisa, Kauzya John-Mary and Francoise Riisa Kauzya.

Improving  
Reproductive +  
Maternal Health  
in Uganda

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## Our Aims

- To contribute to the improvement of maternal and reproductive health in rural Uganda by involving men in health care decisions.
- To strengthen the institutional and human resource capacities of key actors including local governments, health centers, communities, and men and women involved in reproductive health, focussed on improving reproductive and maternal health.

## Our Objectives

- To contribute to the improvement of access to quality maternal and reproductive health services in rural areas of Uganda by involving men as the main advocates for reproductive health.
- To strengthen the capacities in terms of knowledge enhancement, skills upgrading, attitude change, data and information gathering, analysis and dissemination of key actors (both men and women) involved in reproductive health to meet reproductive, maternal and child health needs.
- To broaden and enhance the prevention of diseases which threaten maternal health, including STD's and HIV/AIDS, through involving men in activities of prevention, care and support.
- To support government policy, UN MDG 5, decision-making processes and quality through the provision of well researched empirical data and information relevant to reproductive and maternal health.
- To support rural communities, central and local government agencies, and relevant civil society organisations to assess and mobilize local and external resources for improving reproductive and maternal health.